

HYDEN-KARLGARIN HOUSEHOLDER NEWS

Produced weekly by the Hyden Resource & Telecentre. DEADLINE : 10:30 am MONDAY
TELEPHONE: 9880 5088 FAX: 9880 5164 EMAIL: hydentelecentre@westnet.com.au



HKFC presents EPPAPHRAS

2 piece original band
@ the Rec Centre on Saturday
8th August from 8.30pm. All welcome.



All your Stitching Needs!

Contact me for any mending required.
Very competitive Prices.
Overnight service if needed.
Drop off and Pick up at the New
Scrappin Outback Store!
Phone Carla Hyde 9880 0043.

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*Conditions Apply, subject
to availability.

Scrappin' Outback

Keeping you informed ...

Classes will be this Tuesday 7th July at
10.30am and 7pm and again on Tuesday
21st July. Call for class requirements. We
are also calling for expressions of interest
for a digital SLR camera course. We will
possibly be holding a course locally with
a guest professional photographer. All
who are interested please register your
name and find out further details with
Karen. Ph: 9880 5300 or
A/H 9880 50761

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Here are 7 Reasons to
call us **FIRST**

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Silver Chain news

Thank you to everyone who has made me feel so welcome since my arrival here in Hyden. I have really enjoyed (almost) every day and have felt appreciated in your lovely little town. I have loved it so much that I have willingly agreed to stay on for another 2 months until the permanent Remote Area Nurse is appointed.

Many thanks to Diane for having the clinic so well set up and equipped. I'm sure that you will join with me in wishing her all the best in her future career.

We have a busy time ahead with the anonymous report of the Hyden Health Needs Survey being completed and sent to me and the Silver Chain Committee. (The survey was sent to 400 potential clients of Hyden Silver Chain and 150 were returned. Thanks to all who took the time to complete the very detailed, annual survey).

There were few surprises and some important needs of the community have been identified. One of the most important issues has been the high level of depression that is experienced. There is ALWAYS help, on the end of the phone or face to face and I am very happy to talk to the people concerned about the services that are available.

ALL discussions are confidential and any notes in the clinic are not available to anyone except the Remote Area Nurse. It is so sad that depression, often caused by a chemical imbalance could not be treated in the same way as any other illness, like a thyroid problem or anaemia. Maybe that is something that we could all work towards to help remove the stigma of asking for help to get treatment and care.

Women's Health Day

We are having a **Women's Health Day** on **Thursday 30th July** from **10am to 4 pm** at the **Respite Centre**
Services available:

- Contenance assessments
- PAP smears by female nurse
- Blood pressure checks
- Random blood sugar checks
- Talks by visiting health professionals including stress reduction and coping with dementia

Plus a variety of fun and interesting things to make it a great day to get together.

If there are any people who would like to show (and sell) their handmade crafts, or participate in any other way by offering their services, please contact Jodie at the Respite Centre on 9880 5553 or Jackie 9880 5021.

There will be a **Men's Health Pit Stop**, on August 19th, details to be confirmed. If there are any special topics that you would like to see covered, please let me know ASAP. Thanks.

Finally, I'd like to pass on a big **THANK YOU** to the St John Ambulance volunteers and the FESA volunteers who have been a great support in some difficult circumstances. The work that these people do, out of the goodness of their hearts is amazing and if ever you think you would like to be doing something really worthwhile to help others, these may be the organisations to join. Thanks to you all.

Jackie at Silver Chain.

K & J Motor Service

Will be closed

Friday 10th, Saturday 11th & Monday 13th July.
We apologise for any inconvenience this may cause.

WANTED

2 weeks work available—Rabbit Proof Fence
Start Immediately
Contact Craig—9880 7011.
Wheat Seconds For Sale
Call Craig 9880 7011.

Hens F/Range

\$6ea, 10 for \$50, 30 for \$120.
Del Thurs 23rd July
Hyden/Karlgarin/Pingaring
9846 6055.

SOLUTIONS TO SALINITY IN THE W.A. WHEATBELT.

Mr. Robin Sanders (B. of E. (Mech) Honours).
Principle of Genero Management, will be
Conducting a Power Point Presentation on **Salinity
Solutions** for the Wheatbelt
at the
GIMLET ROOM, HYDEN HOTEL
6 pm for a 6.30 pm start.
ON FRIDAY 10TH JULY
Tea in the Bistro following, at approx 8 pm.

Mr. Jim Chown, Liberal Upper House Member
For the Agricultural Region will be in attendance.
ALL WELCOME

All Saints Anglican Church Hyden

July 17th—19th (Sunday).

Members of the Coodernup Church (Mandurah) will be visiting Hyden for fellowship, songs of praise and are eager to meet members of our Christian Community. Details are too numerous to list but the visit will conclude with the (regular) service at 9am on 19th with a "country coffee" to follow.

For enquiries on the weekend please contact Ann James 9889 5042. Your support will be appreciated.

Bush Bakehouse

Thursday Special.
Homemade Cornish Pasties
\$3.95.
Orders welcome.



WILD DOGS

Recent capture of a wild dog 30kms west of the Rabbit proof fence near Hyden reiterates the importance of replacing the 100 year old rabbit proof fence with a new dog proof fence. If you live in the Hyden and Districts area and especially if you have sheep, this fence affects YOU.

The farmers of East Hyden that live against the state fence have the massive task of pulling down the old fence and replacing it with a new and improved version to keep the dogs out. We are asking for your help, as many hands make light work of this 22km fence line. Work has already begun and will continue for the next two weeks. We need your help as soon as possible and it would be much appreciated.

Remember this community dog fence affects you.

For further information please contact any of the following farmers:

Ken Graham 9880 7042 0429 807 042	Gareth Walton 9880 7004 0427 807 031
Craig Mayfield 9880 7011 0427 770 411	Tom Mulcahy 9880 7070 0427 805 292
Nick Taylor 9880 8062 0428 870 549	

Side Tippers available for hire

July / August. Single or road train.
T & D Ibbotson 9880 5116
Or 0427 805 116.

Workman Wanted

For next 3 -4 weeks.
Phone Tony: 0427 805 116.

FOSTERS PROMO

The Hyden Hotel would like to invite you to a Fosters promotional night this Thursday 9th July starting at 6.30pm. Noel - our local Fosters rep will be here too.

For \$20, you can select 5 stubbies of your choice from the following Fosters range - Carlton Dry, Carlton Dry Fusions, Pure Blonde, Pure Blonde Naked & Strongbow (sweet, dry & original).

Spend another \$20 on another selection of stubbies & you will also get the Strongbow ice-bucket that the stubbies are served in (there are limited stocks of the ice-buckets so it is first-in-best-dressed!)

There will also be raffles/giveaways every half hour throughout the night.

Outback Guidance and Autosteer

S3: \$5,300+

eDrive: Hydraulic \$5,750+

10cm on farm base station: \$5,750+

Raven Guidance and Autosteer

Cruizer: \$3,900+

Envisio Pro: \$6,500+

Smart Steer Electric Autosteer: \$7,000+
7500 Boom section shut off: \$3,000+

Kristi Annear
0428 569 217



Hyden Progress Association has agreed to fund the compilation of 4 albums of local history. The themes proposed are:

- Sporting Clubs & School Sport events
- Community Groups, Community events, township, tourism & news clippings
- Farming, land care & transport
- Families—this to include collection of vales, birth & death notices & funeral booklets.

If you have photos or any other memorabilia that fit these categories, please take them to the Telecentre. If you are willing to donate them, they will be used for posterity, but they can also be scanned and your originals safely returned to you.

Enquiries please call Marlene Mayfield or Jane Mouritz.

It seems a great way to take advantage of the skills available at "Scrapbooking Outback" & to preserve our precious local records.

For Sale

Panels of Treated Pine \$15 each.
Solid Treated Pine Posts \$10 each.
Contact Ray Herring 0427 805 162.
Ex Whispering Gums Fence.

Karlgarin Bowling Club

2009 AFL Grand Final Package Draw

Saturday 11th July @ Karlgarin club.

All ticket holders and partner receive soup & hot beef roll from 6.30pm. Hot chips for kids.

Draw to be held after tea.

Come along, celebrate with the lucky winner.

A fun night out at the Club.

14 TICKETS LEFT TO SELL.

"Gotta be in it to win it!"

\$120 per ticket.

Jill 9889 5054 **Leonie** 9889 5045 **Merle** 9889 6051

Combined Sports Teas

Thursday Night—Beef & Guinness Pies.

Available to eat in or take away from 5.30pm

@ the Tennis Club.